

CAMPEONATO IBÉRICO MTBO 2025

MIRANDILLA

MÉRIDA



15-16 MARZO

LARGA DISTANCIA - SPRINT

www.fexo.org

Judex MTB-O
Liga Diputación de Badajoz

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1. PRESENTATION

The 2025 MTBO Extremadura Cup (MTBOEx) opens its season with the **MTBO Extremadura Trophy** and the **2025 Iberian MTBO Championship**.

Federación Extremeña de Orientación and **Club Alcor Extremadura** present the first MTBO meeting in our region, which will take place on 15 and 16 March in the capital of the Extremadura Region, and will be preceded by a MTBO Training Camp in Central Alentejo **MTBO Training Camp** from 11 to 13 March.

The event will have two courses, a **Long Distance** (Iberian Championship) and a **Sprint** (Iberian Championship). The two courses form part of the Spanish MTBO Cup.

These will be new terrains for MTBO in Extremadura. The variety and locations promise very challenging courses for all participants.

As organisers, we invite you to participate in these courses and enjoy this new sports event in Extremadura, where you already know that the passion and commitment to our sport are always present.

See you in Extremadura!

2. THE CENTRE. MÉRIDA

The **2025 Spanish Iberian MTBO Championship** will take place in Mérida and Mirandilla, in different locations of these municipalities.

Mérida, a city with a rich history and unique charm, is located on the banks of the River Guadiana, in Extremadura, in the southeast of Spain. Its roots date back to the Roman occupiers of the Iberian Peninsula, who have left a significant heritage that is still standing today.

In addition to its historic heritage, Mérida offers a thriving cultural and gastronomical environment, with festivals, events and an excellent local cuisine that blends Spanish and

Portuguese influences. With its temperate Mediterranean climate and its warm atmosphere, Mérida invites its visitors to wander in their cobbled streets, taste its delicious cuisine and immerse themselves in its fascinating history.

2.1 How to get there.

- **By car:** Mérida has excellent road connections the via A-5 motorway, which links Madrid to the east, with Portugal on the west. It can also be accessed from the south via the A-66 motorway.
- **By train:** The Mérida train station is located in the city centre and is served by high-speed (AVE) and regional trains. There are connections to Mérida from cities such as Madrid, Seville and Lisbon.
- **By bus:** The Mérida bus station is located near the city centre and there are regular connections to various Spanish and Portuguese cities.
- **By plane:** The Mérida Airport is located some 41km to the west of the city and is served by regular flights. As other options, the Lisbon and the Seville Airports are both about 2 hours away from Mérida by car.

3. RULES

3.1 Rules.

The 1st event of the 2025 MTBO Extremadura Cup (MTBOEX) is an official event of the 2025 MTBO Spanish Cup and corresponds also to the **2025 MTBO Iberian Championship**. It is regulated by the rules issued by the Spanish Orienteering Federation (FEDO).

[FEDO MTBO Rules](#)

[SEE RULES](#)

All participants must familiarise themselves with the rules and respect them. **Ignorance of the law is no excuse for any breach thereof, and shall not release you from its application and the resulting consequences.**

3.2 Event Adviser.

The competition will be supervised by the Event Adviser appointed by FEDO, **Vanesa Pons Grau**.

3.3 Extremadura MTBO Trophy

The Extremadura MTBO Trophy will be awarded to the competitors who obtain the highest aggregate number of points in the two courses of the event.

4. ENTRIES

4.1 Entries - procedure.

Entries must be made through FEDO's SICO platform.
Only federated athletes may participate in competition classes.

| | |
|---|-----------------|
| ENTRIES OPEN ON | 7 February 2025 |
| ENTRIES FREE OF SURCHARGE CLOSE ON | 9 March 2025 |
| GO TO ENTRIES | Go to SICO |

4.2 Classes and entry fees.

| CLASSES | FEDO AND FPO FEDERATED ATHLETES | |
|--------------------------|---------------------------------|---------------|
| | LONG D. | SPRINT |
| M/W 15 | €8 | €8 |
| M/W 17 | €8 | €8 |
| M/W 20 | €8 | €8 |
| M/W 21 | €12 | €8 |
| M/W - E | €12 | €8 |
| M/W 40 | €12 | €8 |
| M/W 45 | €12 | €8 |
| M/W 50 | €12 | €8 |
| M/W 55 | €12 | €8 |
| M/W 60 | €12 | €8 |
| M/W 65 | €12 | €8 |
| PAIRS - OVERALL | €12 per person | €8 per person |
| PAIRS - BEGINNERS | €12 per person | €8 per person |
| OPEN CLASSES | €12 | €8 |

| CLASSES | FEDO AND FPO FEDERATED ATHLETES | |
|---------|---------------------------------|--------|
| | LONG D. | SPRINT |
| E-BIKE | €12 | €8 |

| CLASSES | FOREIGN FEDERATED ATHLETES | |
|-------------------|----------------------------|----------------|
| | LONG D. | SPRINT |
| M/W 15 | €12 | €12 |
| M/W 17 | €12 | €12 |
| M/W 20 | €12 | €12 |
| M/W 21 | €16 | €12 |
| M/W - E | €16 | €12 |
| M/W 40 | €16 | €12 |
| M/W 45 | €16 | €12 |
| M/W 50 | €16 | €12 |
| M/W 55 | €16 | €12 |
| M/W 60 | €16 | €12 |
| M/W 65 | €16 | €12 |
| PAIRS - OVERALL | €16 per person | €12 per person |
| PAIRS - BEGINNERS | €16 per person | €12 per person |
| OPEN CLASSES | €16 per person | €12 per person |
| E-BIKE | €16 per person | €12 per person |

| CLASSES | NON-FEDERATED ATHLETES | |
|-------------------|------------------------|----------------|
| | LONG D. | SPRINT |
| PAIRS - BEGINNERS | €14 per person | €12 per person |
| PAIRS - OVERALL | €14 per person | €12 per person |
| OPEN CLASSES | €14 | €12 |
| E-BIKE | €14 | €12 |

4.3 Request an invoice.

Invoices related to entries in the competition (or supplementary services) must be requested through the specific form. All the details requested in the form are mandatory.

Upon receipt of the form, the details will be confirmed by our accounting department; should we need to confirm any detail, you will be contacted through the email entered in the form.

Invoices will start to be issued and sent four days after the end of the event.

[REQUEST AN INVOICE](#)

[GO TO FORM](#)

5. PROGRAMME

| SATURDAY, 15 MARCH | | Long Distance |
|--------------------|---|---------------|
| Location | Mirandilla (Badajoz) | |
| 09:30 | Event Office opens. | |
| 11:00 | First start. | |
| 14:00 | Last arrival time for the Long Distance. | |
| SUNDAY, 16 MARCH | | SPRINT |
| Location | PROSERPINA (MÉRIDA) | |
| 08:00 | Event Office opens. | |
| 09:30 | First start. | |
| 13:00 | Last arrival time for the Sprint. | |
| 12:30 | Prize-giving ceremony - Extremadura MTBO Trophy | |

Note: The programme and the last arrival times are indicative only; they will depend on the start times. The last arrival time is set taking into account the maximum course times: 3 hours for the Long Distance and 1 hour for the Sprint.

5.1 Locations

The central location for the 2025 Iberian MTBO Championship and the 2025 Extremadura MTBO Trophy is in Mérida and Mirandilla.

Location of the Event Centre for each course:

| COURSE | LOCATION |
|---------------|-------------------------------|
| LONG DISTANCE | LOCATION TO BE ANNOUNCED SOON |
| SPRINT | LOCATION TO BE ANNOUNCED SOON |

Important notice on parking and overnight stay for camping cars: in the preceding night, it is forbidden to park and stay overnight in the competition area with camping cars or any other vehicle.

6. TECHNICAL INFORMATION

The areas chosen for this competition are new for MTBO. Foot-O competitions have been held in the ancient city centre of Mérida.

6.1 Model Event.

More information on the next bulletin.

6.2 Long Distance.

The Long Distance course will take place in terrains with cork forest, olive groves and eucalyptus plantations. The course will be fast, but there will also be some slow areas with technical paths. There are numerous paths and tracks in this area, which will give you a lot of route choices and increase the technical complexity of this course.

The technical information will be expanded in the next bulletin.

| Long Distance | |
|---------------|-----------------------|
| Location | Mirandilla-Mérida |
| Map | <i>Next bulletin.</i> |
| Map-Maker | Jean-Charles Lalevée |
| Course-Setter | Jean-Charles Lalevée |

Long Distance competition area.



6.2 Sprint in Proserpina

The technical information will be expanded in the next bulletin.

| Sprint in Proserpina | |
|----------------------|-----------------------|
| Location | Proserpina - Mérida |
| Map | <i>Next bulletin.</i> |
| Map-Maker | Jean-Charles Lalevée |
| Course-Setter | Jean-Charles Lalevée |

Sprint competition area in Proserpina.



6.5 Time-keeping.

| | |
|---------------------------------|---|
| Time-keeping system | Sport Ident Air + (all classes). |
| SI rental | SIAC |
| Price for renting a SIAC | €10/SIAC. |

- ➔ The organisers will have SIACs for rent.
- ➔ If you wish to rent a SIAC, you will have to sign a document undertaking to pay the price of the SIAC should you lose or damage it.
- ➔ It is not mandatory to use a SIAC; any other SI card may be used.

7. ORGANISERS

7.1 Executive Organisation Chart.






| ORGANISATION TEAM | | |
|----------------------------|--|----------------------|
| Course Director | José Antonio Carrasco | Mobile 605 21 38 80. |
| Technical Direction | FEXO | |
| Course-Setter | Jean-Charles Lalevée | |
| Map-Maker | Jean-Charles Lalevée | |
| FEDO Arbitrators | Abel Otero Ramírez – Carlos Otero Ramirez. | |
| Technical Support | FEXO | |
| Backoffice | Estrella Gordillo Candelario | |
| Communication | FEXO – Club Alcor Extremadura | |

7.2 Coordination and Technical Backoffice.

| GENERAL INFORMATION | EMAIL | Mobile/WhatsApp |
|---|------------------------|-------------------|
| Queries on the sports event, participants, institutions, protocol. | mtbo@fexo.org | +34 605 21 38 80 |
| ENTRIES / BACKOFFICE | EMAIL | |
| Queries on entries. | inscripciones@fexo.org | |
| LOGISTICS | EMAIL | WhatsApp |
| Queries on resources and services: accommodation, meals, transportation, etc. | logistica@fexo.org | + 34 636 73 36 81 |
| COMMUNICATION | EMAIL | WhatsApp |
| Event information: programme, agenda, media. | comunicacion@fexo.org | + 34 636 73 36 81 |

7.3 Competition information.

All the official event information will be available on the website of Federación Extremeña de Orientación (www.fexo.org) and its social media for publicity and general communication.

| WEBSITE | FACEBOOK | INSTAGRAM | WHATSAPP | TELEGRAM |
|---|---|---|---|---|
|  |  |  |  |  |

8. SERVICES

8.1 General information.

| SERVICES | INFORMATION |
|--------------|--|
| Water | Water will be made available in all the courses. There will be no water glasses. You must take your own glass or container. |
| Hard floor | There will be a hard floor in Mirandilla from Friday, 14 March. €5 per night. Request for a place on the hard floor must be made together with the entries through SICO. |
| Showers | <i>More information on the next bulletin.</i> |
| Camping | There is a camping in Mérida in the old N-5 road to Madrid, a few kilometres away from Mérida. |
| Camping cars | In Mérida, near the city centre. there is a camping car area that is managed by the Mérida municipality. |

8.2 Eat & Sleep.

| LOCATION | INFORMATION |
|----------|------------------------------------|
| Mérida | SEE ACCOMMODATIONS |
| Mérida | SEE WHERE TO EAT |

8.3 Tourism.

| LOCATION | INFORMATION |
|----------|------------------------------------|
| Mérida | SEE MÉRIDA TOURISM |

9. INSTITUTIONS AND ORGANISERS

ORGANIZAN

 **Federación
Extremeña
de Orientación**

 Club Orientación
alcor
extremadura

 **Federação
Portuguesa de
Orientação**

 **fedo**
Federación Española de Orientación

 **CS**

 Consejo
Superior
de Deportes

 **Extremadura**
Deporte desde la Base

 **DIPUTACIÓN
DE BADAJOZ**

 **DIPUTACIÓN
DE CÁCERES**

COLABORAN

 **MÉRIDA**
AYUNTAMIENTO

 **Ayuntamiento de
Mirandilla**



El deporte de Orientación
está comprometido con la
protección del medio ambiente.
Evita imprimir este documento.

FEXO | Club Alcor Extremadura
February 2025



Club Orientación
alcor
extremadura



Extremadura es Deporte
Extremadura es Orientación