



Federación
Extremena
de Orientación

Club Orientación
alcor
extremadura

BULLETÍN 1

SPANISH CHAMPIONSHIP MTB-O 2024

EXTREMADURA TROPHY

20-21 APRIL
BADAJOZ



MIDDLE DISTANCE - SPRINT - LONG DISTANCE

www.fexo.org



Judex MTB-O

Liga Diputación de Badajoz



0. TABLE OF CONTENTS

0. TABLE OF CONTENTS	2
1. PRESENTATION.....	3
2. THE CENTRE. BADAJOZ	4
3. RULES	5
4. ENTRIES	6
5. PROGRAMME.....	8
6. TECHNICAL INFORMATION	9
7. ORGANISERS	16
8. SERVICES	17
9. INSTITUTIONS AND ORGANISERS	18

1. PRESENTATION

The 2024 MTBO Extremadura Cup (MTBOEx) opens its season with the **MTBO Extremadura Trophy** and the **2024 Spanish MTBO Championship**, which will also feature two races, the Sprint and the Middle Distance, counting for the **World Master Series (WMS)** and the **Young Guns World Series (YGWS)**.

Federación Extremeña de Orientación and Club Alcor Extremadura present the first 2024 MTBO meeting in our region, which will take place from 19 to 21 April in the capital, Badajoz and which will be preceded by a **MTBO Training Camp** on 18&19 April in Alentejo Central.

This competition will feature three courses, a Middle Distance, a Long Distance and a Sprint, and there will also be a Model Event so that you can familiarise yourself with the terrain.

These will be new terrains for MTBO in Extremadura. The variety and locations promise very challenging courses for all participants.

As organisers, we invite you to participate in these courses and enjoy this new sports event in Extremadura, where you already know that the passion and commitment to our sport are always present.

See you in Extremadura!



2. THE CENTRE. BADAJOZ

The 2024 Spanish MTBO Championship will take place in the municipality of Badajoz, in various locations of its territory.

Badajoz, a city with a rich history and unique charm, is located on the banks of the River Guadiana, in Extremadura, in the southeast of Spain. Its roots date back to the Roman occupation, but its true glory shone during the Arab and medieval times, leaving an impressive architectural legacy that we can still admire today.

The old quarter of Badajoz is a maze of narrow streets and charming squares, dominated by the imposing Alcazaba, an Arab fortress of the 11th century that overlooks the city. The Cathedral of Saint John Baptist (Catedral de San Juan Bautista), with its impressive baroque facade, and Plaza Alta, a lively centre and meeting point surrounded by historic buildings and charming coffee shops (cafeterías), are among its most notable architectural jewels.

In addition to its historic heritage, Badajoz offers a thriving cultural and gastronomical environment, with festivals, events and an excellent local cuisine that blends Spanish and Portuguese influences. With its temperate Mediterranean climate and its warm atmosphere, Badajoz invites its visitors to wander in their cobbled streets, taste its delicious cuisine and immerse themselves in its fascinating history.



2.1 How to get there.

- **By car:** Badajoz has excellent road connections via the A-5 motorway, which links Madrid to the east, with Portugal on the west. It can also be accessed from the south via the A-66 motorway.
- **By train:** The Badajoz train station is located in the city centre and is served by high-speed (AVE) and regional trains. There are connections to Badajoz from cities such as Madrid, Seville and Lisbon.
- **By bus:** The Badajoz bus station is located near the city centre and there are regular connections to various Spanish and Portuguese cities.
- **By plane:** The Badajoz Airport is located some 15km to the east of the city and is served by regular flights. As other options, the Lisbon and the Seville Airports are both about 2 hours away from Badajoz by car.

3. RULES

3.1 Rules.

The 1st event of the 2024 MTBO Extremadura Cup (MTBOEX) is an official event of the 2024 MTBO Spanish Cup and corresponds also to the 2024 Spanish MTBO Championship. It is regulated by the rules issued by the Spanish Orienteering Federation (FEDO).

FEDO MTBO Rules

SEE RULES

All participants must familiarise themselves with the rules and respect. Ignorance of the rules is no excuse for any breach thereof, and shall not release you from its application and the resulting consequences.

3.2 Event Adviser.

The competition will be supervised by the Event Adviser appointed by FEDO, Jesús Usón Nebra.

3.3 Extremadura MTBO Trophy

The Extremadura MTBO Trophy will be awarded to the competitors who obtain the highest aggregate number of points in the three courses of the event.

4. ENTRIES

4.1 Entries - procedure.

Entries must be made through FEDO's SICO platform.

Only federated athletes may participate in competition classes.

ENTRIES OPEN ON	29 February 2024
ENTRIES FREE OF SURCHARGE CLOSE ON	12 April 2024
ENTRIES WITH SURCHARGE CLOSE ON	14 April 2024
GO TO ENTRIES	Go to SICO

4.2 Classes and entry fees.

CLASSES	FEDO AND FPO FEDERATED ATHLETES			
	MEDIUM D.	SPRINT	LONG D.	MODEL EVENT
M/W 12	8 €	8 €	8 €	3 €
M/W 15	8 €	8 €	8 €	3 €
M/W 17	8 €	8 €	8 €	3 €
M/W 20	8 €	8 €	8 €	3 €
M/W 21	12 €	8 €	12 €	3 €
M/W - E	12 €	8 €	12 €	3 €
M/W 40	12 €	8 €	12 €	3 €
M/W 50	12 €	8 €	12 €	3 €
M/W 60	12 €	8 €	12 €	3 €
M/W 70	12 €	8 €	12 €	3 €
PAIRS - OVERALL	12 €/p.	8 €/p.	12 €/ p.	3 €/p.
PAIRS - BEGINNERS	12 €/p.	8 €/p.	12 €/ p.	3 €/p.
OPEN CLASSES	12 €	8 €	12 €	3 €
E-BIKE	12 €	8 €	12 €	3 €

CLASSES	FOREIGN FEDERATED ATHLETES			
	MEDIUM D.	SPRINT	LONG D.	MODEL EVENT
M/W 12	12 €	12 €	12 €	3 €
M/W 15	12 €	12 €	12 €	3 €
M/W 17	12 €	12 €	12 €	3 €
M/W 20	12 €	12 €	12 €	3 €
M/W 21	14 €	12 €	14 €	3 €
M/W - E	14 €	12 €	14 €	3 €
M/W 40	14 €	12 €	14 €	3 €
M/W 50	14 €	12 €	14 €	3 €
M/W 60	14 €	12 €	14 €	3 €
M/W 70	14 €	12 €	14 €	3 €
PAIRS - OVERALL	14 €/p.	12 €/p.	14 €/p.	3 €/p.
PAIRS - BEGINNERS	14 €/p.	12 €/p.	14 €/p.	3 €/p.
OPEN CLASSES	14 €/p.	12 €/p.	14 €/p.	3 €/p.
E-BIKE	14 €/p.	12 €/p.	14 €/p.	3 €/p.

CLASSES	NON-FEDERATED ATHLETES			
	MEDIUM D.	SPRINT	LONG D.	MODEL EVENT
M/W 12	12 €	12 €	12 €	3 €
PAIRS - BEGINNERS	14 €/p.	12 €/p.	14 €/p.	3 €/p.
PAIRS - OVERALL	14 €/p.	12 €/p.	14 €/p.	3 €/p.
OPEN CLASSES	14 €	12 €	14 €	3 €
E-BIKE	14 €	12 €	14 €	3 €

Surcharge	3 € per course and person.
-----------	----------------------------

4.3 Request an invoice.

Invoices related to entries in the competition (or supplementary services) must be requested through the specific form. All the details requested in the form are mandatory.

Upon receipt of the form, the details will be confirmed by our accounting department; should we need to confirm any detail, you will be contacted through the email entered in the form.

Invoices will start to be issued and sent four days after the end of the event.

REQUEST AN INVOICE	GO TO FORM
--------------------	------------

5. PROGRAMME

FRIDAY, 19 APRIL		MODEL EVENT
Location	Tres Arroyos. Badajoz.	
12:00 to 18:00	Badajoz	
SATURDAY, 20 APRIL		SPRINT
Location	Tres Arroyos. Badajoz.	
8:30.	Event Office opens.	
10:00.	First start.	
13:00.	Last arrival.	
SATURDAY, 20 APRIL		LONG DISTANCE
Location	Cuartel General Menacho. Botoa (Badajoz)	
14:00.	Event Office opens.	
15:00.	First start.	
19:30.	Last arrival.	
SUNDAY, 21 DE ABRIL		MEDIUM DISTANCE
Location	Sancha Brava. Badajoz.	
8:30.	Event Office opens.	
10:00.	First start.	
14:00.	Last arrival.	
14:30.	Prize-giving ceremony - 2024 Spanish MTBO Championship Prize-giving ceremony - Extremadura MTBO Trophy	

Note: The programme and the last arrival times are indicative only; they will depend on the start times. The last arrival time is set taking into account the maximum course times: 1 hour for the Sprint, 2 hours for the Medium Distance and 3 hours for the Long Distance.

5.1 Location

The central location for the 2024 Spanish MTBO Championship and the 2024 Extremadura MTBO Trophy is Badajoz.

Location of the Event Centre for each course:

COURSE	LOCATION
SPRINT	LOCATION TO BE ANNOUNCED SOON
LONG DISTANCE	LOCATION TO BE ANNOUNCED SOON
MEDIUM DISTANCE	LOCATION TO BE ANNOUNCED SOON

Important notice on parking and overnight stay for camping cars: in the preceding night, it is forbidden to park and stay overnight in the competition area with camping cars or any other vehicle.

6. TECHNICAL INFORMATION

The areas chosen for this competition are new for MTBO. Foot-O competitions have been held in Sancha Brava.

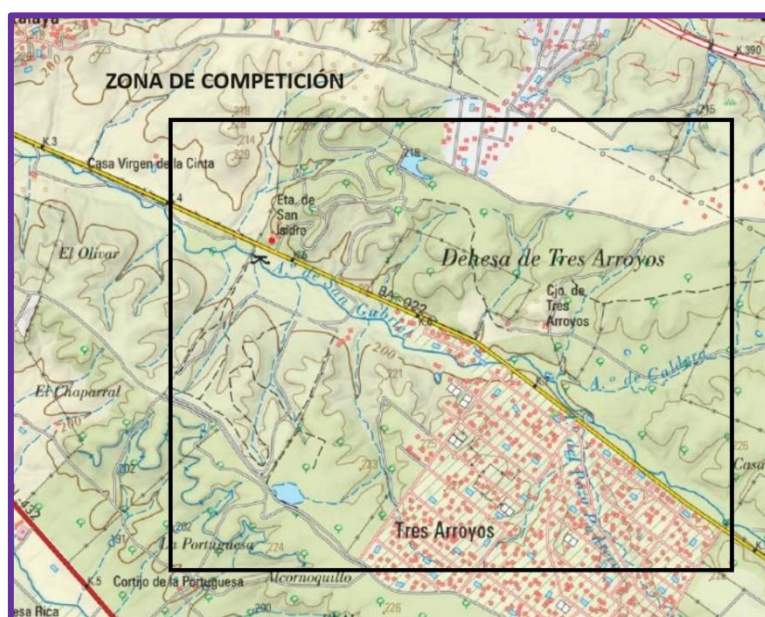
6.1 Model Event.

New map on the opposite side of the road of the area that will be used for the Sprint. More details and the exact location will be given in the next bulletin.

MODEL EVENT	
Location	Tres Arroyos. Badajoz.

SPRINT							
Class	Linear distance	Best option	Climbing	No. of controls	Scale	Map change	Map size
PAIRS OVERALL	<i>Next bull.</i>	<i>Next bull.</i>	<i>Next bull.</i>	<i>Next bull.</i>	<i>Next bull.</i>	<i>Next bull.</i>	<i>Next bull.</i>
E-BIKES	<i>Next bull.</i>	<i>Next bull.</i>	<i>Next bull.</i>	<i>Next bull.</i>	<i>Next bull.</i>	<i>Next bull.</i>	<i>Next bull.</i>
OPEN CLASSES	<i>Next bull.</i>	<i>Next bull.</i>	<i>Next bull.</i>	<i>Next bull.</i>	<i>Next bull.</i>	<i>Next bull.</i>	<i>Next bull.</i>
PAIRS BEGINNERS	<i>Next bull.</i>	<i>Next bull.</i>	<i>Next bull.</i>	<i>Next bull.</i>	<i>Next bull.</i>	<i>Next bull.</i>	<i>Next bull.</i>

Sprint competition area.

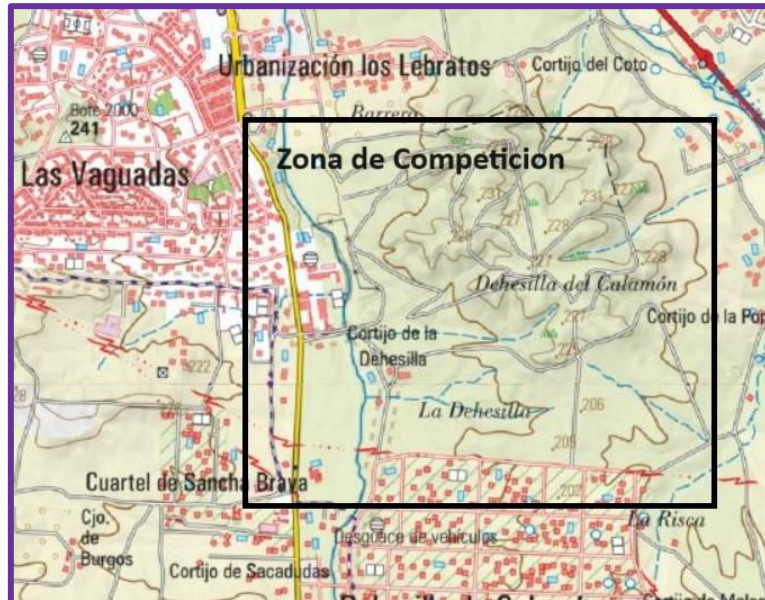


Long Distance competition area.



PAIRS OVERALL	<i>Next bull.</i>	<i>Next bull.</i>	<i>Next bull.</i>	<i>Next bull.</i>	<i>Next bull.</i>	<i>Next bull.</i>	<i>Next bull.</i>
--------------------------	-------------------	-------------------	-------------------	-------------------	-------------------	-------------------	-------------------

Medium Distance competition area



6.5 Time-keeping.

Time-keeping system	Sport Ident Air+ (all classes).
SI rental	SIAC
Price for renting a SIAC	10€/SIAC.

- ➔ The organisers will have SIACs for rent.
- ➔ If you wish to rent a SIAC, you will have to sign a document undertaking to pay the price of the SIAC should you lose or damage it.
- ➔ It is not mandatory to use a SIAC; any other SI card may be used.



7. ORGANISERS

7.1 Executive Organisation Chart.






ORGANISATION TEAM		
Course Director	José Antonio Carrasco	Mobile 605 21 38 80.
Technical Direction	FEXO	
Course-Setter	Jean-Charles Lalevé	
Map-Makers	Fonsi Díaz and Jean-Charles Lalevé	
FEDO Arbitrators	Abel Otero Ramírez – Carlos Otero Ramirez.	
Technical Support	FEXO	
Backoffice	Estrella Gordillo Candelario	
Communication	FEXO – Club Alcor Extremadura	

7.2 Coordination and Technical Backoffice.

GENERAL INFORMATION	EMAIL	Mobile/ WhatsApp
Queries on the sports event, participants, institutions, protocol.	mtbo@fexo.org	+34 605 21 38 80
ENTRIES / BACKOFFICE	EMAIL	
Queries on entries.	inscripciones@fexo.org	
LOGISTICS	EMAIL	WhatsApp
Queries on resources and services: accommodation, meals, transportation, etc.	logistica@fexo.org	+ 34 636 73 36 81
COMMUNICATION	EMAIL	WhatsApp
Event information: programme, agenda, media.	comunicacion@fexo.org	+ 34 636 73 36 81

7.3 Competition information.

All the official event information will be available on the website of Federación Extremeña de Orientación (www.fexo.org) and its social media for publicity and general communication.

WEBSITE	FACEBOOK	INSTAGRAM	WHATSAPP	TELEGRAM
				

8. SERVICES

8.1 General information.

SERVICES	INFORMATION
Water	Water will be made available in all the courses. There will be no water glasses. You must take your own glass or container.
Hard floor	There will be no hard floor.
Showers	<i>More information on the next bulletin.</i>
Camping cards	In Badajoz, there is a camping car area, on the right bank of River Guadiana.

8.2 Eat & Sleep.

LOCATION	INFORMATION
Badajoz	SEE
Badajoz	SEE WHERE TO EAT

8.3 Tourism.

LOCATION	INFORMATION
Badajoz	SEE BADAJOZ TOURISM

9. INSTITUTIONS AND ORGANISERS

ORGANIZAN



**Federación
 Extremeña
 de Orientación**



Club Orientación
alcor
 extremadura



JUNTA DE EXTREMADURA
 Dirección General de Jóvenes y Deporte



fedo
 Federación Española de Orientación



**Consejo
 Superior
 de Deportes**



**DIPUTACIÓN
 DE BADAJOZ**



**DIPUTACIÓN
 DE CÁCERES**

COLABORAN



**Ayuntamiento de
 Badajoz**



**GOBIERNO
 DE ESPAÑA**



**MINISTERIO
 DE DEFENSA**



**EJÉRCITO
 DE TIERRA**



**LA FUERZA
 DE LOS
 VALORES**





 El deporte de Orientación está comprometido con la protección del medio ambiente.
Evita imprimir este documento.

FEXO | Club Alcor Extremadura
 February 2024



Club Orientación
alcor
extremadura



Extremadura es Deporte
Extremadura es Orientación